



'BREATHE...' Christian Teacher's & Teaching Assistants' Retreat

Tuesday 15th February 4pm – Thursday 17th February 2pm

Led by Louise Isaac

'Breathe...' is a Christian retreat for school classroom teachers and teaching assistants, which includes

music | ministry | massage.

Held during February half term, the retreat provides a calm, reflective and refreshing setting for teachers to off-load halfway through the academic year and re-charge mentally and spiritually. The retreat aims to encourage and revive those teachers who face challenging workloads and/or people in their places of work this year, and help individuals refocus on their ministry/vocation ideals. It is facilitated by Louise Isaac (a teacher of many years' experience), who will share inspiring and encouraging presentations of the Word, relevant stories and audio-visually - all uplifting and God inspired.

A particularly difficult year at school? Workload pressures? Challenging children? School politics?

Why not treat yourself to a time away with God...to relax, be revived and hear His word for the way forward.

Included in the retreat is a complimentary ten minutes neck and shoulder massage*, if desired. The retreat venue is the tranquil and picturesque setting of Ashburnham Place, Battle, Sussex.

TO BOOK please call our Bookings Team on 01424 894201 (ACT634)

or book online: <https://www.eventbrite.co.uk/e/breathe-christian-teachers-teaching-assistants-retreat-registration-160787994219>

Single Occupancy £160.00 per person

Shared Occupancy £140.00 per person

Why not upgrade to an intensive back, neck and shoulder massage for an extra £47 per massage (limited spaces) – To avoid disappointment please select the UPGRADE ticket when booking online, or mention you wish to upgrade when booking via phone

*To qualify for the complimentary or upgrade massage, you must be prepared to complete and submit our 'Massage Consultation Form' prior to your visit – Please note that some medical conditions may prevent participation in the massage therapy.

