



Secure Attachments – Robust Learners- Building Futures

Supporting Head Teachers Emotional Well-Being

Your Space Therapies is a counselling and play therapy service that work holistically with schools, parents and professionals supporting vulnerable children. We help children and their communities to have good mental health, resilience to learn and be the best they can be.



Course Details:

Via Zoom

Tuesday 11th May 4-6pm

Register here:

[Headteacher Wellbeing](#)

Or

Thursday 27th May 5 -7pm

Register here:

[Headteacher Wellbeing](#)

Supporting Head Teachers Emotional Well-Being

This 2-hour online conference provides practical exercises and knowledge for Head Teachers to make space for focus on their mental health and try emotional well-being exercises that can be practiced with their staff.

The material explored in this conference is essential for school staff; pressure on Head Teachers to manage workloads, support their staff and provide an educational provision for our most vulnerable and challenging children are increasing, particularly in the shadow of COVID-19.

The conference itself will be a reflective and emotionally stabilising experience for delegates to take back into their busy lives.

About the trainer: Emma Connor is a Child Psychotherapist, MA, UKCP, Director, Consultant and Trainer for Your Space Therapies. Emma is a senior lecturer at the Institute for Arts and Therapy in Education as well as working in various schools providing therapy for children and therapeutic support for families.

www.yourspacetherapies.org