

Healthy You Healthy School: a focus on our children and young people



with Derek Holbird and Richard Rowe

Friday 15th November 2019

Waverley Abbey House, Farnham, 11am-5pm, £60 including hot lunch

After two successful Healthy You Healthy School events we hope you will join us for our third session where the emphasis will be on the well-being needs of our students.

The headline of the government's recent 'State of the Nation' report marking World Mental Health Day found that more than 4 in 5 children and young people are happy with their lives. The flipside is that 1 in 5 are not and this is a national concern.

The OFSTED FRAMEWORK states, In order for schools to gain GOOD status pupils must 'enjoy learning about how to stay healthy and about emotional and mental health, safe and positive relationships'.

To be OUTSTANDING schools must enable students to be able to 'make informed choices about healthy eating, fitness and their emotional and mental wellbeing'.

Our speakers will stimulate thinking and help us share good practice on these topics.



Tim Morfin, Founder and CEO of Transforming Lives for Good, is one of the most exceptional social entrepreneurs in the UK. TLG is all about bringing hope and a future to struggling children, with an unwavering resolve to transform lives for good.

Kathryn Lovewell, author of Every Teacher Matters is an experienced teacher trainer specialising in reducing stress in schools and promoting well-being in teachers and students.



Tim and Kathryn will be joined by Philippa Rowe, expert in the whole area of Attachment theory and practice, and Catherine Clayton, a core team member of Prayer Spaces for Schools. We will also have a panel to lead us in sharing good practice.

It would be great to see you there. Bring your colleagues too. For booking go to...

www.cwr.org.uk/healthyyouhealthyschool

Richard and Derek with **CWR**