



HEADTEACHERS' CONFERENCE

Mental Health & Wellbeing in Your School Community

**With children and young people's mental health being a priority for this government,
what does this mean practically in school?**

Running in partnership with Fegans (www.fegans.org.uk); our Headteachers' conference this year will focus on the mental health and well-being of your school community, looking at both staff and pupils. The aim of this day is to leave you with both knowledge and practical ideas to help to support your own school community.

In a change from our previous conferences, we will have a number of speakers in the morning (including Fegans, Your Space Therapies, CAMHS and The Children's Society), along with workshop sessions in the afternoon to help you to put together practical strategies to take back to your own schools.

The day will be supported by Epiphany Music (<http://epiphanymusic.org.uk/>) who will be on hand to create a number of sound portraits throughout the day. It will also be supported by Brighton and Hove City Mission (<http://www.bhcm.org.uk/>) who will be running a prayer space for all conference attendees throughout the conference. There will be an opportunity to meet with other service providers for schools during breaks, including Books Alive, in our new exhibition area.

Bishop Mark Sowerby, Bishop of Horsham and Chair of the Diocesan Board of Education, will be joining us throughout the day and will be leading our Eucharist.

The day delegate rate includes all refreshments and use of the hotel facilities should you wish to take the opportunity to relax and unwind after the conference.

Date: Friday 29 March 2019 **Time:** 9.30 – 16.30 **Venue:** Ashdown Park Hotel, East Grinstead
Cost: £100 PA / £150 Non PA (VAT registration 286 926 939 - this event is 0 rated)

To book a place on the conference please go to the Eventbrite link below:-

[Headteachers' Conference](#)

Enquiries should be emailed to: educationtraining@chichester.anglican.org