Diocese of Chichester Education Department

Year of Prayer

Competition Details and Ideas Pack

PACK

1. Map of events and activities on offer for the Year of Prayer
2. Timeline
3. Competition Categories
4. How to enter the different Categories
5. Judging Criteria
6. Prizes
7. Registration form
8. Entry Form
9. Terms and Conditions
10. Formal prayers and Teaching Ideas and approaches
1. Map of Activities and Events throughout the Year

<table>
<thead>
<tr>
<th>Prayer Spaces</th>
<th>Competitions</th>
<th>Events</th>
</tr>
</thead>
</table>
| Prayer Opportunities for pupils | **Prayer through Spiritual Spaces** School challenge to create an area of calm and tranquillity in school to be enjoyed by any member of the school community.  
  - Outdoor spiritual garden  
  - Indoor reflective spaces | **Headteachers’ Conference** (01.03.18)  
  - ‘Standing in the Gap’ Mark Craig  
  - Prayer Spaces – Sandi Wickens |
|                               | ‘Chelsea Flower Show’ style awards and photographic evidence on website  
  - Mini spiritual quiet gardens created by individual pupils | **Headteachers’ Quiet Day** (26.04.18)  
  - ‘Pray through clay’ Mary Penley |

<table>
<thead>
<tr>
<th></th>
<th>Collective Worship</th>
<th>Additional activity ideas</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• <strong>Leavers’ Services</strong> – prayer focus and include sung prayers</td>
<td>Create own school prayer</td>
</tr>
<tr>
<td></td>
<td>• <strong>Lent Collective Worship</strong> – Prayer through art. (Use same art as Diocese art as a stimulus to pray). Activities on website for schools to access</td>
<td>School Prayer Book using traditional prayers and pupils’ own prayers</td>
</tr>
</tbody>
</table>
|                              | **Prayers through Word** Individuals write and illustrate own prayers.  
  Selection to be published in a book for future use by schools and churches in worship. | Create portraits of people who inspire our Christian faith and life |
|                              | **Prayers through Image** Present a famous prayer A4 size, using  
  a. Illustrations  
  b. Icons  
  c. Calligraphy  
  d. Illuminated letters | Create a prayer link between the church and school to pray for needs of others |
|                              | Winners to have prayers framed.                  |                                             |
## 2. Timeline

<table>
<thead>
<tr>
<th>Date</th>
<th>Competition</th>
<th>Other activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>20 October 2017</td>
<td>Electronic map of events and activities on offer for the Year of Prayer and competition pack to be sent to all schools</td>
<td></td>
</tr>
<tr>
<td>11 November 2017</td>
<td>Training for Prayer Spaces – Andy Angel</td>
<td></td>
</tr>
<tr>
<td>20 December 2017</td>
<td>Interest in competition registered with Diocese</td>
<td></td>
</tr>
<tr>
<td>2 February 2018</td>
<td>Workshops for teaching calligraphy</td>
<td></td>
</tr>
<tr>
<td>10 February 2018</td>
<td>Training for Prayer Spaces – Andy Angel</td>
<td></td>
</tr>
<tr>
<td>14 February</td>
<td>School creates own prayer book for use in daily worship</td>
<td></td>
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<tr>
<td>1 March 2018</td>
<td>Headteachers’ Conference</td>
<td></td>
</tr>
<tr>
<td>26 April 2018</td>
<td>Quiet Day for Headteachers</td>
<td>Pupils create own mini Spiritual Quiet Gardens. (Possible link with Easter)</td>
</tr>
<tr>
<td>June 2018</td>
<td>Leavers’ services – Prayer focus</td>
<td></td>
</tr>
<tr>
<td>23 May 2018</td>
<td>COMPETITION DEADLINE for prayers, illustrations and icons</td>
<td></td>
</tr>
<tr>
<td>23 May 2018</td>
<td>Photos and video clips of Spiritual Quiet Gardens sent to Diocese for first stage of judging</td>
<td></td>
</tr>
<tr>
<td>June 2018</td>
<td>Final judging of Spiritual Quiet Gardens in schools</td>
<td></td>
</tr>
<tr>
<td>July 2018</td>
<td>Prize giving for Spiritual Quiet Gardens and Prayer Book entries</td>
<td></td>
</tr>
</tbody>
</table>
3. Competition Categories

The Diocese of Chichester is planning to celebrate ‘The Year of Prayer’ this year and in order to mark this occasion we are offering a number of Prayer themed activities for you to enjoy. One aspect of this is a competition on the theme of Prayer. It is divided into three sections:

**PRAYER through**
- 1. **WORD**
- 2. **SPACE**
- 3. **IMAGE**

**Prayer through Word**
- Pupils of all ages are invited to create their own prayers; written and illustrated. The winning selection will be compiled into a published book.

**Prayer through Space**
- Spiritual Quiet Spaces created around school (inside or outside) to make room for anyone in the community to be able to take time to pray peacefully, reflect and feel close to God. The winning spaces will receive Gold, Silver or Bronze awards similar to Chelsea Flower Show. The finalists will be exhibited on the Diocesan website.
- Mini spiritual gardens planted in pots. The finalists will be exhibited on the Diocesan website.

**Prayer through Image**
- Illustrated traditional prayers, written in calligraphy with illuminated letters and icons. The winning selection will be framed.

**Within this pack**
- Terms and conditions
- Registration form (To be returned to us by 20 December 2017)
- Teaching ideas to help you get started!

Please return your registration form stating your schools intention to enter by 20 December 2017 to michelle.perry@chichester.anglican.org

**Closing date for entries: Wednesday 23 May 2018**
4. How to enter the different Categories

Prayer through Space: Spiritual Prayer Garden

Plan and create a space/ ‘garden’ either in school or outside in order to create a place that enables prayer and reflection. It may be a space used by anyone and everyone, or a space for a particular audience. In the hectic productivity of school life, members of the school community need time to be still and calm, and draw close to God. This space will enable this! Do consider making this place a multi-sensory space which encourages thinking and reflection. You could choose to include pathways of various textures, use of light and reflection, scented plants and somewhere to sit.

Once created, please send a short film clip to (michelle.perry@chichester.anglican.org) by the closing date of 23rd May 2018. These film clips will be used to select the finalists. A small group of judges will then book a time to visit the finalists in order to complete the final judging round. This will be in a similar style to the ‘Chelsea Flower Show’.

Prayer through Image: Illustrated traditional prayers

Use the published traditional prayers from the pack. Each pupil to select one to illustrate and hand write, using their own style or calligraphy. They may also choose to include an illuminated letter and illustrated borders. Pupils may choose to include a small powerful icon/ image that will inspire reflection and prayer. Consider the traditional mechanisms used by artists to create an icon and the way they would indicate importance and value to the image by the use of gold, line, image and pattern.

Run your own school competition to select up to 15 beautifully copied and illustrated prayers on A4 paper. Please send your finalists to Church House (michelle.perry@chichester.anglican.org) by the closing date of 23rd May 2018.
Prayer through Word: Pupils’ own prayers

Pupils to write their very own prayer on a topic of their choice. This can also be illustrated in their own original way on A4 paper. The chosen selection will be published into a book which will then be used across Chichester Diocese by schools and churches to lead prayer and will be available to be purchased.

Run your own school competition to select up to 15 beautifully written and illustrated prayers on A4 paper. Please send your finalists to Church House (michelle.perry@chichester.anglican.org) by the closing date of 23rd May 2018.
5. The Judging Criteria

Entries will be judged on

<table>
<thead>
<tr>
<th>Creativity</th>
<th>Visual impact</th>
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<tbody>
<tr>
<td>Christian spiritual awareness</td>
<td>Imagination</td>
</tr>
<tr>
<td>Enabling prayer and communication with God</td>
<td>Biblical knowledge/ reference</td>
</tr>
<tr>
<td></td>
<td>Quality of composition</td>
</tr>
</tbody>
</table>

Dates and deadlines

Schools must e-mail the completed registration form to (michelle.perry@chichester.anglican.org) by the closing date of 20th December 2017. This will register your intention to enter the competition.

Entries must reach the Education Department, Diocese of Chichester, Church House, 211 New Church Road, Hove. BN3 4ED by 4.00pm on 23rd May 2018.

Schools will be informed of winning entries by mid June 2018

Prayer through Image

Winning prayer illustrations will be framed.

Prayer through Word

Winning prayers will be published into a book

Prayer through Space

Film clips of winning gardens will be published on our website, and winners will be presented with a ‘Gold’. ‘Silver’ or ‘Bronze’ award.

Winners will be invited to a Prize Winning ceremony during July 2018.

Disqualification from entering

- Relatives of judges (a list of judges will be available on request)
6. Prizes

Winners in each category will receive certificates and the prize will be through either publication on the website or in a book.

<table>
<thead>
<tr>
<th>Prayer through Space</th>
</tr>
</thead>
<tbody>
<tr>
<td>Photographs/ film of Spiritual Quiet Space (School entry)</td>
</tr>
<tr>
<td>Photographs of Mini Spiritual Gardens in a pot (Primary )</td>
</tr>
<tr>
<td>Photographs of Mini Spiritual Gardens in a pot (Secondary)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Prayer through Image</th>
</tr>
</thead>
<tbody>
<tr>
<td>Illustrated traditional prayer (Primary EYFS, KS1)</td>
</tr>
<tr>
<td>Illustrated traditional prayer (Primary KS2)</td>
</tr>
<tr>
<td>Illustrated traditional prayer (Secondary KS3, KS4)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Prayer through Word</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pupil’s own prayers written and illustrated (Primary EYFS, KS1)</td>
</tr>
<tr>
<td>Pupil’s own prayers written and illustrated (Primary KS2)</td>
</tr>
<tr>
<td>Pupil’s own prayers written and illustrated (Secondary KS3, KS4)</td>
</tr>
</tbody>
</table>

For further information please contact

michelle.perry@chichester.anglican.org

01273 425687
# 7. Registration Form (Return by 20 December 2017)

## Registration Form

We wish to register
our intention to participate in the Diocese of Chichester Competitions
related to the Year of Prayer.
We have read and understood the terms and conditions.

<table>
<thead>
<tr>
<th>Name and address of school</th>
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</thead>
<tbody>
<tr>
<td></td>
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</table>

<table>
<thead>
<tr>
<th>Name of School Contact</th>
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<tbody>
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<td></td>
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</table>

<table>
<thead>
<tr>
<th>e-mail address for school contact</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</tbody>
</table>

We intend to submit:

- Photographs/ film of Spiritual Quiet Space (School entry)
- Photographs of Mini Spiritual Gardens in a pot (Primary)
- Photographs of Mini Spiritual Gardens in a pot (Secondary)
- Illustrated traditional prayer (Primary EYFS, KS1)
- Illustrated traditional prayer (Primary KS2)
- Illustrated traditional prayer (Secondary KS3, KS4)
- Pupil’s own prayers written and illustrated (Primary EYFS, KS1)
- Pupil’s own prayers written and illustrated (Primary KS2)
- Pupil’s own prayers written and illustrated (Secondary KS3, KS4)

Please e-mail this completed form
to [michelle.perry@chichester.anglican.org](mailto:michelle.perry@chichester.anglican.org)
by 20 December 2017
# Diocese of Chichester Year of Prayer
## Entry Form

<table>
<thead>
<tr>
<th>Pupil’s name</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Pupil’s age</td>
<td></td>
</tr>
<tr>
<td>Class name and Year group</td>
<td></td>
</tr>
<tr>
<td>Name and address of school</td>
<td></td>
</tr>
<tr>
<td>Name of School Contact</td>
<td></td>
</tr>
</tbody>
</table>

Please tick to which category your entry is being submitted

**Prayer through Space**
- Photographs/ film of Spiritual Quiet Space  (School entry)
- Photographs of Mini Spiritual Gardens in a pot  (Primary )
- Photographs of Mini Spiritual Gardens in a pot  (Secondary)

**Prayer through Image**
- Illustrated traditional prayer  (Primary EYFS, KS1)
- Illustrated traditional prayer  (Primary KS2)
- Illustrated traditional prayer  (Secondary KS3, KS4)

**Prayer through Word**
- Pupil’s own prayers written and illustrated  (Primary EYFS, KS1)
- Pupil’s own prayers written and illustrated  (Primary KS2)
- Pupil’s own prayers written and illustrated  (Secondary KS3, KS4)

Please send this completed form
to michelle.perry@chichester.anglican.org
by 23rd May 2018
9. Terms and Conditions

Who can enter?

All pupils from Early Years to Sixth Form, from all Church of England schools in the Diocese of Chichester.

What are the categories and themes?

PRAYER through

- WORD
- SPACE
- IMAGE

Prayer through Word

- Pupils of all ages are invited to create their own prayers; written and illustrated on A4 paper.

Prayer through Space

- Spiritual Quiet Spaces created by a school group of any age for spaces around school (inside or outside) to give a space for individuals in the school community to be able to take time to pray, reflect and feel close to God. The spaces can by inside or outside.

- Mini spiritual gardens. This is open to individuals of any school age.

Prayer through Image

- Illustrated traditional prayers, written in calligraphy with illuminated letters and icons. This is open to pupils in Key Stage 2, 3 and 4.

What size should our artwork be?

Prayer through Word

Pupils own written prayers for publication in a book A4 (297 x 210mm)

Prayer through Space

Spiritual Prayer Garden No restriction!

Prayer through Image

Illustrations of prayers with calligraphy, illuminated letters and icons A3 (297x 420mm)
10. Formal Prayers and Teaching Ideas and Approaches

YEAR OF PRAYER 2018

Prayers for Schools

The Lord’s Prayer
Our Father, who art in Heaven
hallowed by thy name.
Thy Kingdom come
Thy will be done
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses
as we forgive those that trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom, the power and the glory
Forever and ever. Amen.

The Prayer of St Richard
Thanks be to you, my Lord Jesus Christ,
for all the benefits you have given me,
for all the pains and insults you have borne for me.
O most merciful redeemer, friend and brother,
may I know you more clearly,
love you more dearly,
and follow you more nearly.
Amen.
The Prayer of St Ignatius of Loyola
Dearest Lord,
teach me to be generous;
teach me to serve you as you deserve;
to give and not to count the cost,
to fight and not to heed the wounds,
to toil and not to seek for rest,
to labour and not to ask for reward
save that of knowing I am doing your Will.
Amen

The Prayer of St Anselm
God,
whose mercy and compassion never fail,
look kindly upon the sufferings of all the human race:
the needs of the homeless;
the anxieties of prisoners;
the pains of the sick and the injured;
the sorrows of the bereaved;
the helplessness of the aged and the weak.
Comfort and strengthen them for the sake of your Son,
our Saviour Jesus Christ. Amen

The Prayer of St Augustine
Eternal God,
who are the light of the minds that know you,
the joy of the hearts that love you,
and the strength of the wills that serve you;
grant us so to know you, that we may truly love you,
and so to love you that we may fully serve you,
whom to serve is perfect freedom,
in Jesus Christ our Lord. Amen

The Prayer of Saint Benedict
O Gracious and Holy Father
Give us Wisdom to perceive you,
Diligence to seek you,
Patience to wait for you,
Eyes to behold you,
A heart to meditate upon you,
And a life to proclaim you;
Through the power of the
Spirit of Jesus Christ
Our Lord. Amen
The Prayer of St Francis
Lord make me an instrument of your Peace.
Where there is hatred let me sow Love
Where there is injury, Pardon
Where there is doubt, Faith
Where there is despair, Hope
Where there is darkness, Light
Where there is sadness, Joy
O Divine Master, grant that I not so much seek to be consoled, as to console;
To be understood, as to understand;
To be loved, as to love
For it is in giving that we receive
It is in pardoning that we are pardoned
It is in dying that we are born to eternal life. Amen

The Prayer of John Donne
Bring us, O Lord God, at our last awakening, into the house and gate of heaven, to enter into that gate and dwell in that house, where there shall be no darkness nor dazzling, but one equal light; no noise nor silence but one equal music; no fears nor hopes but one equal possession; no ends nor beginnings but one equal eternity; in the habitations of thy Majesty and thy Glory, world without end. Amen.

Collect for Purity
Almighty God,
unto whom all hearts be open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name:
through Christ our Lord. Amen.

The Third Collect at Evensong
Lighten our darkness we beseech thee O lord:
and by thy great mercy defend us from all perils and dangers of this night;
for the love of thy only Son,
our Saviour Jesus Christ. Amen
Collect for the Second Sunday in Advent
Blessed Lord
who caused all holy Scriptures
to be written for our learning:
help us so to hear them,
to read, mark, learn
and inwardly digest them
that we may embrace and
forever hold fast
the hope of eternal life
which you have given us
in our Saviour Jesus Christ. Amen

A Prayer from the Gelasian Sacramentary
God of unchangeable power and eternal light: look favourably on your whole Church,
that wonderful and sacred mystery; by the effectual working of your providence, carry
out in tranquillity the plan of salvation; let the whole world see and know that things
which were cast down are being raised up, and things which had grown old are being
made new, and that all things are being brought to their perfection by him through whom
all things were made, your Son, Jesus Christ our Lord. Amen.

Teaching Ideas and Approaches
Prayer through Image: Visual Presentation of Prayers
Calligraphy presentation of a prayer
Illuminated letters and patterned borders
Book of Kells for Inspiration on how to design borders and images

Prayer through Space: Spiritual Gardens and Places
Small gardens in an imaginative container—miniature garden designs which create peaceful spaces
Create ‘Mood boards’ for a space to reflect

Prayer through Word
Pupils create own prayers on a chosen theme. These may include:

- Peace in the world
- Thanks for family and friends
- Blessing for our schools
- Thanks for nature and wild life